



EQUIPMENT FOR THE RIDE:

- **Bike**
 - Your bike should be in working order and needs to be checked by a professional mechanic for a tune-up prior to you arriving to participate in the ride. Giant will have mechanics onsite but they have limited time to check bikes.
- **Helmet**
 - You must wear a helmet to participate in the ride. Please have it checked out by a professional mechanic prior to the ride to ensure it is safe to use.
- **Brakes**
 - Please have them take extra time in making sure your brakes are in top functioning order, as you will rely on them heavily on the descents.
- **Disc Brakes**
 - If you plan to buy a new bike prior to the event, it would be worth your time to look at the road bikes with disc brakes. They are not required but it would not be a bad thing to have some additional assurance in your braking capabilities on some of the descents.
- **Road Calipers**
 - If you are riding traditional road calipers then make sure they are in perfect working order and the brake pads have plenty of life left in them.
- **Gearing**
 - While again not required it is worth looking at your gearing options.
 - Most bikes will come standard with a 53/36 crankset and 11/25 cassette. This signifies tooth count on the chain rings and range on the cassette.
 - Your options are to go to a larger cassette of 12/28 or more so this gives you a higher end for climbing.
 - Check compatibility with your groupset before buying something new, not all derailleurs will work with larger tooth cassette.
- **Tires**
 - With some rougher road surfaces, we would recommend a 700x25 as a minimum with 700x28 probably preferred. Again, check compatibility on your bike for clearance.
- **Carbon Wheels**
 - These are a ride at your own risk item.
 - While most high-end carbon wheels with carbon brake surfaces should be fine, some wheels with carbon brake tracks that could become too hot on the descents. This will cause the brake track essentially to disintegrate.
 - If you are not sure of your wheels then I would not ride them. The potential for failure far outweighs the positives for having them.
 - Please make sure your brake pads have plenty of life left in them with any wheel option. We will not have the time to go through and check everyone's wheels to make sure they are safe. It will be up to you to make sure what you are riding will not fail. You assume the responsibility for your own safety.